





**AVENIDAS ROSE KLEINER CENTER**  
**SEPTEMBER 2025 Lunch Menu**

Monday	Tuesday	Wednesday	Thursday	Friday	
<b>1</b> 	<b>2</b> Chicken and Spinach served with Artichoke Sauce Whole Wheat Bread and Fresh Tossed Salad and Diced Carrots	<b>3</b> Sweet Thai Chili Fish served over Brown Rice with Spinach and Green Beans with Red Bell Peppers	<b>4</b> Greek Chicken served with Whole Grain Rotini Pasta, Cauliflower and Cucumber Salad 	<b>5</b> Cuban Pork Roast with Lime Wedge served over White Rice and 4-Way Vegetable Blend with Black Beans	
<b>8</b> Potato Crusted Fish with Creamy Dijon Mustard Sauce served with Whole Wheat Bread Garden Vegetable Blend and Broccoli Salad	<b>9</b> Turkey Taco Meat with Cheese and Salsa served with Whole Wheat Tortilla and Corn with Bell Peppers and Fresh Tossed Salad	<b>10</b> Chicken with Romesco Sauce served over Spanish Brown Rice Brussels Sprouts and Carrots with Corn	<b>11</b> Meatloaf with Gravy served with Whole Wheat Bread California Vegetable Blend and Whipped Potatoes	<b>12</b> Vegetarian Fried Rice served with Sesame Green Beans and Cauliflower	
<b>15</b> BBQ Pork Riblet served with Whole Wheat Hot Dog Bun served with Fresh Potao Salad and Whole Kernel Corn	<b>16</b> Chicken Mole served with Spanish Rice, Pinto Beans and Peas with Carrots 	<b>17</b> Asian Tomato Beef served with Whole Grain Garlic Noodles and Cauliflower with Cabbage and Carrots	<b>18</b> Chicken Curry served over Brown Rice and lentil and Garden Vegetable Blend	<b>19</b> Potato Crusted Fish Sandwich with Tartar Sauce served on a Whole Wheat Hamburger Bun and Whole Kernal Corn and Dill Coleslaw	
<b>22</b> Omelet with Cheese with Whole Wheat Bread served with Roasted Red Potatoes and Spinach	<b>23</b> Pork Char Siu served with Whole Grain Garlic Noodles with Fresh Cole Slaw Peas & Corn	<b>24</b> Chicken with Tomato Mushroom Sauce served with Brown Rice Risotto Italian Blend Vegetables and Carrots	<b>25</b> Salisbury Steak served with Whole Wheat Bread, Broccoli and Whipped Potatoes	<b>26</b> Creole Chicken served over Dirty Brown Rice with Red Beans and Collard Greens	
<b>29</b> Creamy Dill Horeradish Pork served Whole Wheat Bread, Roasted Roma Tomatoes and Green Beans	<b>30</b> Fish with Pesto Sauce served with Rotini Pasta, Brussels Sprouts and a Tossed Salad with Carrots				

Nutritional Supplements as ordered: Glucerna or Ensure. Sandwich orders may be made up to 10:15AM each day.  
 A diabetic friendly dessert option is offered daily, and special desserts are noted on the menu.

*\*Menu Subject to Change*