

day-caring in action

Visit Our Open House

Avenidas Rose Kleiner Center in Mountain View, where older adults enjoy compassionate daytime care.



See how our participants engage in therapeutic exercise and activities; meet the staff; and enjoy some refreshments.

Thursday, August 29

30-minute tours between 10 am and noon

RSVP to Susan Lam at
650-289-5481



www.avenidas.org/care
See day-caring in action!

For complete schedule or info about Avenidas events, call 650-289-5400.

Avenidas

AUGUST 2024

Calendar of Events

Aug 5

Rainbow Book Club: "On Earth We're Briefly Gorgeous," by Ocean Vuong
5-6 pm via Zoom.
Email lgbtq@avenidas.org for log on information. Free.

Aug 6

Tuesday Trekkers, every Tuesday, 8:50 am meet time. Call 650-289-5400 for meeting location. Free, drop-in.

Aug 7

Book Club: "Demon Copperhead" by Barbara Kingsolver,
2:30-4 pm via Zoom.
Call 650-289-5400. Free/\$5

Aug 8

Dot Mandala Workshop with Katherine Shariq,
11 am-1 pm, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
RSVP required. Call 650-289-5400.
\$48/\$58

Movie: "What's Love Got to Do with It?"

1:30-3:30 pm, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant). Stop by the front desk for a ticket. Free/\$2

Aug 9

Casual Bridge,
1-4 pm every Friday,
[Avenidas@450 Bryant](mailto:Avenidas@450Bryant). Email
info@avenidas.org for more info.
First game is free for everyone.
Drop-in, free for Avenidas
members/\$5.

NEW! Dancing with Pride with Arturo Magaña and Juan Serrano,
4-5 pm, 2nd & 4th Fridays,
[Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
Email lgbtq@avenidas.org for info.
Free.

Aug 12

Healing Sound Bath Meditation with Sabrina Huang,
3-4 pm, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
RSVP required. Call 650-289-5400.
\$35/\$45

Aug 13

Presentation: Introduction to Guided Autobiography with Francine Toder, Ph.D.,
10 am-noon, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
RSVP to register@avenidas.org.
Free.

Avenidas Village Coffee & Conversation with Members,
10 am, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
RSVP to Erika
ethomas@avenidas.org. Free.

Aug 14

NEW! Rainbow Walk-xercise, every 2nd & 4th Wednesday,
9:30-11 am. Email
lgbtq@avenidas.org
for meeting place. Free.

Aug 15

Ukulele Jam Session,
2-3:30 pm, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
RSVP in advance
register@avenidas.org or
at the door. Free.

Math-Based Brain Games with Aarush Khare,
3-4 pm, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
RSVP to register@avenidas.org.
Free.

Wonder Women Lesbian Social Group,
3 pm via Zoom. Email Jenn
jchan@avenidas.org for log-on info.
Free.

Tinnitus Support Group,
5:30-7:30 pm, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant)
and via Zoom. Email
register@avenidas.org to register.
Free.

Aug 16

Rainbow Community Coffee Group, with Eddie Green & Robin Barber,
10-11am, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
RSVP required.
Email lgbtq@avenidas.org. Free.

Aug 17

LGBTQ Movie and Discussion: "Out Standing,"
2-5 pm, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
Pizza and beverages provided.
RSVP required.
Email lgbtq@avenidas.org. Free.

Aug 19

Technology: Intro to Chatting with AI with Earl Caustin,
1:30-2:30 pm,
[Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
RSVP to register@avenidas.org.
Free.

Aug 20

Collage Club, every Tuesday
9:30am-noon. Bring your own
canvas. No instruction. Register to
register@avenidas.org. Free/\$5

Aug 21

Mindfulness Meditation, every Wednesday,
2-3 pm via Zoom.
Email info@avenidas.org
for log on info. Free.

Aug 22

Book Club: "Foster" by Claire Keegan,
2:30-4 pm via Zoom.
Call 650-289-5400. Free/\$5

Rainbow Song Appreciation Group: "Favorite Song from a Movie",
4-5 pm via Zoom.
Email lgbtq@avenidas.org
to register. Free.

Aug 26

Elevate Your Wellness: The Protein Needs of Older Adults with Sally Duplantier,
2-3 pm, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
RSVP required. Call 650-289-5400.
\$10

Aug 27

Mindfulness Meditation, every Tuesday,
11 am-noon, [Avenidas@450 Bryant](mailto:Avenidas@450Bryant).
Drop-in, free.

Aug 29

Avenidas Rose Kleiner Open House,
10 am-noon, 270 Escuela Ave.,
Mountain View. 30-minutes tours.
Scan QR code in the ad to register.