



Exploring cultures, customs,  
and community building –  
activities in both  
English and Mandarin  
Cultural celebrations  
Avenidas 華人社區中心  
探索文化, 習俗及建立共融社區  
普通話及英文雙語活動  
傳統文化節慶慶祝

Interested?  
Learn more at 650-289-5409  
or [acc@avenidas.org](mailto:acc@avenidas.org).

For complete schedule or info about Avenidas events,  
call 650-289-5400.

**Feb 1**

**Ukulele Jam Session**

with mini-lesson, 1:30-3:30 pm,  
Avenidas@450 Bryant.  
RSVP in advance or at the door.  
650-289-5400. \$3

**Wonder Women**

**Lesbian Social Group**

3 pm via Zoom, every 1st & 3rd  
Thursday. Email [jchan@avenidas.org](mailto:jchan@avenidas.org)  
for log-on info. Free.

**Feb 2**

**Club Avenedles meeting**

every Friday, 2-4 pm, Avenidas@450  
Bryant. Bring your own supplies.  
No instruction. Call 650-289-5400  
for more info. Free/\$5

**Feb 6**

**Mindfulness Meditation**

every Tuesday, 11 am-noon,  
Avenidas@450 Bryant. Drop-in, free.

**Feb 7**

**Book Club: "Entangled Life:  
How Fungi Make Our Worlds,  
Change Our Minds & Shape  
Our Futures"**

by Merlin Sheldrake, 2:30-4 pm,  
Avenidas@450 Bryant. Space is  
limited. Call 650-289-5400. Free/\$5

**Feb 8**

**Avenidas Village  
Coffee & Conversation**

with members, 10 am,  
Avenidas@450 Bryant. RSVP to  
Erika [ethomas@avenidas.org](mailto:ethomas@avenidas.org). Free.

**Dot Mandala Workshop –  
Valentine's Day**

11 am-1 pm, Avenidas@450 Bryant.  
RSVP required. Call 650-289-5400.  
\$45/\$55 (includes all materials).

**Movie: "A Man Called Otto"**

1:30-4 pm, Avenidas@450 Bryant.  
Stop by the front desk for a ticket.  
Free/\$2

**Feb 9**

**Photo Journeys with Judy:**

**"Cubs at Play: Bears  
(and other critters) of Alaska"**  
with Judy Kramer 2-3 pm via Zoom.  
Email [register@avenidas.org](mailto:register@avenidas.org)  
for log-on info. Free.

**Feb 10**

**Avenidas Rainbow Collective  
Walking Group: The Triton  
Museum of Art**

11 am, The Triton Museum of Art,  
Santa Clara. Email [lgbtq@avenidas.org](mailto:lgbtq@avenidas.org)  
for more info and to RSVP. Free.

**Feb 12**

**Lecture: "Let's Go! Travel Tech"  
with Earl Caustin**

1:30-2:30 pm,  
Avenidas@450 Bryant. RSVP to  
[register@avenidas.org](mailto:register@avenidas.org). Free

**Healing Sound Bath Meditation  
with Sabrina Huang**

3-4 pm, Avenidas@450 Bryant.  
RSVP required.  
Call 650-289-5400. \$35/\$45

**Feb 13**

**LGBTQ Movie:  
"The Boys in the Band"**

2-4 pm, Avenidas@450 Bryant.  
All are welcome. RSVP required.  
Email [lgbtq@avenidas.org](mailto:lgbtq@avenidas.org). Free.

**Feb 14**

**Caregiver Support Group**

1-2 pm, Avenidas@450 Bryant.  
RSVP required.  
Email [register@avenidas.org](mailto:register@avenidas.org). Free.

**Feb 15**

**ACCC Lunar New Year  
Celebration**

12:30-2 pm, Avenidas@450 Bryant  
and Zoom. Email [acc@avenidas.org](mailto:acc@avenidas.org)  
for more info. Free.

**Tinnitus Support Group**

5:30-7:30 pm, Avenidas@450 Bryant  
& Zoom. RSVP for in-person  
or for log-on info to  
[register@avenidas.org](mailto:register@avenidas.org). Free.

**Feb 16**

**Casual Bridge**

every Friday at 1:30 pm,  
Avenidas@450 Bryant. Drop-in.  
Free/\$5

**Feb 19**

**President's Day**

Avenidas closed

**Feb 20**

**Rainbow Game Time:  
Board Games**

2-4 pm, Avenidas@450 Bryant.  
Free food. All are welcome.  
RSVP required.  
Email [lgbtq@avenidas.org](mailto:lgbtq@avenidas.org). Free.

**Song Appreciation:  
"Love Songs"**

4 pm via Zoom. Email [lgbtq@avenidas.org](mailto:lgbtq@avenidas.org)  
to join. Free.

**Feb 21**

**Workshop: Tax-Smart  
Charitable Giving with  
Liza Hanks and special guest  
Barbara Krinsky Binder, CFP®**  
1-2:30 pm, Avenidas@450 Bryant.  
RSVP required. Email [register@avenidas.org](mailto:register@avenidas.org). Free.

**Avenidas Rainbow Collective  
presents: "Online Learning  
Platforms" with Anthony Hand**

3-4 pm, Avenidas@450 Bryant &  
Zoom. RSVP required.  
Email [register@avenidas.org](mailto:register@avenidas.org). Free.

**Feb 22**

**Aging Wisely Series: "Health  
Coverage Options for Seniors"**  
with Matthew Sohn, 1-2:30 pm,  
Avenidas@450 Bryant & Zoom.  
RSVP required. Call 650-289-5400.  
\$10

**Book Club: "The Midnight  
Library" by Matt Haig**

2:30-4 pm via Zoom. Call 650-289-  
5400. Free/\$5

**Feb 23**

**FREE blood pressure screening  
by Avenidas Rose Kleiner RN**  
12:30-1 pm, Mountain View  
Senior Center, 266 Escuela,  
MV. Drop-in, free.

**Feb 26**

**Elevate Your Wellness: Science-  
Based Strategies to Improve  
Your Brain Health with Sally  
Duplantier, MS**  
2-3 pm, Avenidas@450 Bryant.  
Call 650-289-5400. \$10

**Feb 27**

**Tuesday Trekkers**  
every Tuesday, meet at 9:50 am.  
Call 650-289-5400 for meeting  
location. Drop-in, free.

**Feb 29**

**Arts & Classics Club**  
every Thursday, 10:30 am-noon via  
Zoom. Email Phil for details and log  
on info: [phillum2000@yahoo.com](mailto:phillum2000@yahoo.com).  
Free.