

AVENIDAS ROSE KLEINER CENTER

MONTHLY MENU: JUNE 2023

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Taco Al Pastor Whole Grain Corn Tortilla Pinto Beans and Green Beans Brownies	2 Meatloaf w/ Gravy Whole Wheat Roll Whipped Potatoes and California Blend Vegetables Carrot Cake
5 Baked Fish w/ Mango Salsa Spanish Brown Rice Broccoli Fresh Cilantro Cole Slaw Vanilla Ice Cream w/ Caramel Sauce	6 Turkey White Bean Chili Whole Wheat Bread Fresh Baked Potato Fresh Garden Salad Blueberry Cobbler	7 Chicken Masala Chicken w/ Mushroom Sauce over Fettuccine w/ Zucchini & Squash served w/ Focaccia Bread Chocolate Chip Cookies	8 BBQ Chicken Sandwich Whole Wheat Bun Sweet Potatoes O'Brien Corn Brownies	9 Korean Beef & Turkey Bibimbap Rice Bowl Brown Rice Glazed Marinated Green Beans Carrot Cake
12 Beef & Turkey Tamale Pie baked on Cornbread Zucchini w/ Bell Peppers and Green Peas Vanilla Ice Cream w/ Caramel Sauce	13 Chicken Curry Lentil Soup Brown Rice Corn and Diced Carrots Blueberry Cobbler	14 Spaghetti w/ Meatballs Caesar Salad Steamed Broccoli and Garlic Bread Chocolate Chip Cookies	15 Cuban Roast Whole Wheat Bread Sweet Potatoes and Broccoli Brownies	16 Meatball Sub Sandwich Whole Wheat Bun Italian Vegetable Blend and Coleslaw Carrot Cake
19 BREAKFAST FOR LUNCH DAY!! Veggie or Ham Quiche Waffles and Fresh Fruit Vanilla Ice Cream w/ Caramel Sauce	20 Bean & Cheese Burrito Whole Wheat Tortilla Corn w/ Bell Peppers Fresh Garden Salad Blueberry Cobbler	21 Grilled Chicken Cream Spinach Mashed Potatoes and Fresh Garden Salad Chocolate Chip Cookies	22 Meatloaf w/ Gravy Minestrone Soup Whole Wheat Bread Diced Carrots and Whipped Potatoes Brownies	23 Chicken Fried Brown Rice Green Beans and Cauliflower Carrot Cake
26 Chicken Mole Whole Wheat Tortilla Pinto Beans Peas and Carrots Vanilla Ice Cream w/ Caramel Sauce	27 Baked Fish w/ Tartar Sauce Curried Cauliflower Soup Brussels Sprouts and Sweet Potatoes Blueberry Cobbler	28 Turkey Meatloaf and Gravy Mashed Potatoes w/ Broccoli and Carrots Chocolate Chip Cookies	29 BBQ Chicken Riblet Whole Wheat Bun Corn and Fresh Potato Salad Brownies	30 Mushroom Chicken Whole Wheat Pasta Broccoli and Diced Beets Carrot Cake
Nutritional Supplements as ordered: Glucerna and Ensure. Sandwich orders may be ordered up to 10:15AM each day. A diabetic friendly dessert is offered daily, and special desserts are noted on the menu.				Menu Subject to Change