

AVENIDAS ROSE KLEINER CENTER
MONTHLY MENU: MAY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Stir Fry Brown Rice Stir Fry Vegetables Asian Slaw	2 Spaghetti w/ Meat Sauce Italian Blend Vegetables Green Beans Root beer Float	3 Hot Dogs/Vegan Dogs Served w/ Chili, Cheese Tater Tots Garden Salad Strawberry Shortcake	4 Vegetarian Bean Chili Brussels Sprouts Fresh Garden Salad w/carrots	5 Fish Vera Cruz Spanish Rice w/Beans California Vegetable Blend Whole Kernel Corn
8 Meatballs w/ Mushroom Gravy Garlic Breadstick Whipped Potatoes Green Beans & Bell Peppers	9 Chicken Alfredo Pasta Whole Wheat Penne Pasta Broccoli Carrots Root beer Float	10 Chicken Parmesan Spaghetti Noodles Sauteed Zucchini Squash Garden Salad, Garlic Bread Strawberry Shortcake	11 Dijon Chicken Whole Wheat Roll Roasted Sweet Potatoes Brussels Sprouts Chocolate Mousse	12 Chicken & Sausage Paella Cauliflower Fresh Garden Salad Banana Bread
15 Vegetarian Southwest Pasta Whole Grain Penne Pasta Spinach Greens California Vegetable Blend	16 Beef & Turkey Lettuce Wraps Cilantro Brown Rice Asian Blend Vegetables	17 BBQ Chicken Sandwich Broccoli, Potato Wedges Coleslaw Strawberry Shortcake	18 Fish w/ Roasted Red Pepper Sauce Whole Wheat Roll 4-Way Vegetable Blend Broccoli	19 Ginger Pepper Beef Garlic Noodles Steamed Cabbage Fresh Garden Salad w/ Carrots
22 Hawaiian Chicken Green Beans w/ Red Bell Peppers Wheat Roll Pudding	23 Baked Fish w/ Dill Brown Rice Italian Blend Vegetables Fresh Cole Slaw Root beer Float	24 Turkey Enchilada Pie Spanish Rice Pinto Beans Garden Salad Strawberry Shortcake	25 Turkey Breast w/ Gravy Stuffing California Vegetable Blend Garden Salad	26 Ranchero Chicken Tortillas Steamed Zucchini & Yellow Squash Corn
29 Turkey Burger w/ Mashed Sweet Potatoes Fresh Garden Salad w/ Bell Peppers Pudding	30 Beef & Broccoli Brown Rice Steamed Yellow Squash Root beer Float	31 Vegetarian Stir-Fry Jasmine Rice, Roasted Chickpeas Strawberry Shortcake		

Nutritional Supplements as ordered: Glucerna and Ensure.
Sandwich orders may be ordered up to 10AM each day.

A diabetic friendly dessert is offered daily, and special desserts are noted on the menu.

Menu Subject to Change