

**AVENIDAS ROSE KLEINER CENTER**  
**MONTHLY MENU: August 2022**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>1</b> Beef Tamales Zucchini w/ Bell Peppers Green Peas</p>	<p><b>2</b> Chicken Curry Brown Rice Corn Diced Carrots</p>	<p><b>3</b> Teriyaki Turkey Burger Japanese Vegetable Blend Coleslaw</p>	<p><b>4</b> Greek Chicken Brown Rice Pilaf Cauliflower Creamy Cucumber Salad</p>	<p><b>5</b> Cuban Roast Spinach Broccoli Peach Trifle</p>
<p><b>8</b> Citrus Spiced Chicken Spanish Brown Rice Brussels Sprouts Carrot Raisin Slaw</p>	<p><b>9</b> Bean &amp; Cheese Burritos Corn w/ Bell Peppers Fresh Garden Salad</p>	<p><b>10</b> Baked Fish w/ Roasted Red Pepper Sauce Spinach Creamy Broccoli Salad <b>Birthday Cake</b></p>	<p><b>11</b> Turkey Taco Diced Carrots Pinto Beans</p>	<p><b>12</b> Chile Lime Chicken Cilantro Brown Rice California Vegetable Blend Fresh Garden Salad</p>
<p><b>15</b> Beef Hamburgers Whipped Potatoes Peas &amp; Carrots</p>	<p><b>16</b> Baked Fish w/ Tartar Sauce Brown Rice Pilaf Brussels Sprouts Cucumber &amp; Tomato Salad <b>Banana Pudding</b></p>	<p><b>17</b> Mushroom Chicken Whole Wheat Pasta Broccoli Diced Beets</p>	<p><b>18</b> Beef Stroganoff Whole Wheat Bread Mixed Vegetables Broccoli Salad</p>	<p><b>19</b> BBQ Hot Dogs California Blend Vegetables Potato Salad</p>
<p><b>22</b> Calypso Chicken Casserole Brown Rice Green Peas Fresh Coleslaw</p>	<p><b>23</b> Chimichurri Chicken Whole Wheat Bread Cauliflower Diced Carrots</p>	<p><b>24</b> Salisbury Steak Whole Wheat Roll Broccoli Whipped Potatoes</p>	<p><b>25</b> Omelet w/ Cheese Whole Wheat Bread Roasted Potatoes Spinach <b>Brownies</b></p>	<p><b>26</b> Creole Chicken Dirty Brown Rice Red Beans Carrot Raisin Salad</p>
<p><b>29</b> Tacos Pinto Beans Peas &amp; Carrots</p>	<p><b>30</b> Orange Glazed Chicken Asian Brown Rice Green Peas Fresh Garden Salad</p>	<p><b>31</b> Turkey Pot Pie Whole Wheat Biscuit Brussels Sprouts Spinach</p>		
<p><b>Nutritional Supplements as ordered: Glucerna and Ensure.</b> <b>Sandwich orders may be ordered up to 10AM each day.</b> <b>A diabetic friendly dessert is offered daily, and special desserts are noted on the menu.</b></p>				<p><i>Menu Subject to Change</i></p>