





**AVENIDAS ROSE KLEINER CENTER  
MONTHLY MENU : SEPTEMBER 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Turkey Casserole Whole Wheat Biscuit California Blend Vegetables Spinach Greens Dessert	<b>2</b> Baked Fish w/ Lemon Sauce Whole Wheat Pasta Green Beans Fresh Garden Salad w/ Shredded Carrots Dessert	<b>3</b> Bratwurst Whole Wheat Hot Dog Bun Baked Beans Broccoli & Cauliflower Dessert
<b>6</b> Center Closed 	<b>7</b> Baked Fish w/ Dijon Herb Sauce Whole Wheat Roll Bahama Blend Vegetables Sweet Potatoes Dessert	<b>8</b> Beef & Turkey with Whole Wheat Garlic Noodles Japanese Blend Vegetables Fresh Cilantro Slaw Dessert	<b>9</b> Chicken Curry Brown Rice Cauliflower w/Red Peppers Ginger Carrots Dessert	<b>10</b> Taco Al Pastor Corn Tortillas Pinto Beans Steamed Squash Dessert
<b>13</b> Baked Fish w/ Mango Salsa Spanish Brown Rice Fiesta Blend Vegetables Cilantro Coleslaw Dessert	<b>14</b> Turkey Chili Whole Wheat Roll Fresh Baked Potatoes Fresh Garden Salad Dessert	<b>15</b> Honey Ginger Chicken Whole Wheat Garlic Noodles Cabbage w/ Carrots Green Peas Dessert	<b>16</b> Baked Pasta w/ Meat Sauce Whole Wheat Pasta Broccoli Fresh Garden Salad w/ Shredded Carrots Dessert	<b>17</b> Chicken Meatball Sub Sandwich Whole Wheat Hot Dog Bun Sweet Potatoes Fresh Coleslaw Dessert
<b>20</b> Hawaiian Turkey Ham Whole Wheat Roll Japanese Blend Vegetables Sweet Potatoes Dessert	<b>21</b> Caprese Chicken Salad Whole Wheat Roll Mixed Salad Greens w/ Spinach Dessert	<b>22</b> Beef & Turkey Tamale Pie Corn Tortillas Steamed Squash Fresh Garden Salad w/ Red or Yellow Bell Pepper Dessert	<b>23</b> Greek Chicken Quinoa Cauliflower Cucumber Tomato Dessert	<b>24</b> Cuban Chicken Whole Wheat Roll Spinach Greens Broccoli Dessert
<b>27</b> Cuban Mojo Chicken Spanish Brown Rice Green Beans w/ Red or Yellow Bell Peppers Fresh Carrot Raisin Dessert	<b>28</b> Cheese Enchiladas Corn Tortillas Pinto Beans Zucchini Dessert	<b>29</b> Baked Fish w/ Roasted Bell Pepper Sauce Whole Wheat Roll Spinach Creamy Fresh Broccoli Dessert	<b>30</b> Turkey Broccoli Rice Casserole Brown Rice Diced Carrots Fresh Garden Salad w/ Red or Yellow Bell Pepper	

Nutritional Supplements as ordered: Glucerna, Boost, Ensure. Sandwich orders may be ordered up to 10AM each day (Ham, Turkey, PB&J).

*Menu Subject to Change*