

Day:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Date:			1	2	3
9:00	 September 2021 Activities Calendar 		<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>
10:00 AM			Food and Fun Demo or Gardening	Bay Area Food Culture with Mark or Creative Crafts	Reminiscing and Memories or Art Explosion!
11:00 AM			Exercise	Exercise	Exercise
12:00 PM			Lunchtime!	Lunchtime!	Lunchtime!
1:00 PM			Karaoke with Dina or Painting Class	Rock and Roll with Regi or Watercolor Studio	Brain Fitness/Trivia with Staff or BINGO!
DATE	6	7	8	9	10
9:00	<i>Center Closed</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>
10:00 AM		Food and Fun Demo or Creative Art/Sculpture	Food and Fun Demo or Gardening	Bay Area Food Culture with Mark or Creative Crafts	Reminiscing and Memories or Art Explosion!
11:00 AM		Exercise	Exercise	Exercise	Exercise
12:00 PM		Lunchtime!	Lunchtime!	Lunchtime!	Lunchtime!
1:00 PM		"Nostalgic Toys" presentation or BINGO!	"70's Sizzling Sing Along" with Dina or Arts & Crafts	"Guess that Historical Figure" or Watercolor Studio	Anna on piano or BINGO!
Date:	13	14	15	16	17
9:00	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>
10:00 AM	Brain Fitness/Trivia or Creative Expression Art	Food and Fun Demo or Creative Art/Sculpture	Food and Fun Demo or Gardening	Bay Area Food Culture with Mark or Creative Crafts	Reminiscing and Memories or Art Explosion!
11:00 AM	Exercise	Exercise	Exercise	Exercise	Exercise
12:00 PM	Lunchtime!	Lunchtime!	Lunchtime!	Lunchtime!	Lunchtime!
1:00 PM	"Happy Days" Sing Along or Watercolor Studio	Music and Fun with Sonia or BINGO!	Participant "Show and Tell" or Arts & Crafts	Dance Party with Regi! or Watercolor Studio	Anna on piano or BINGO!
Date:	20	21	22	23	24
9:00	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>
10:00 AM	Brain Fitness/Trivia or Creative Expression Art	Food and Fun Demo or Creative Art/Sculpture	Food and Fun Demo or Gardening	Bay Area Food Culture with Mark or Creative Crafts	Reminiscing and Memories or Art Explosion!
11:00 AM	Exercise	Exercise	Exercise	Exercise	Exercise
12:00 PM	Lunchtime!	Lunchtime!	Lunchtime!	Lunchtime!	Lunchtime!
1:00 PM	Maddaline on Piano & Vocals or Watercolor Studio	Brain Fitness Fun or BINGO!	"Guess That Person" or Arts & Crafts	Name That Tune! or Watercolor Studio	Brain Fitness/Trivia with Staff or BINGO!
Date:	27	28	29	30	
9:00	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	<i>Coffee, Tea, and Chat</i>	
10:00 AM	Brain Fitness/Trivia or Creative Expression Art	Food and Fun Demo or Creative Art/Sculpture	Food and Fun Demo or Gardening	Bay Area Food Culture with Mark or Creative Crafts	
11:00 AM	Exercise	Exercise	Exercise	Exercise	
12:00 PM	Lunchtime!	Lunchtime!	Lunchtime!	Lunchtime!	
1:00 PM	"Sentimental Journey" Sing Along or Watercolor Studio	Brain Fitness Fun or BINGO!	Maddaline on Piano & Vocals or Arts & Crafts	"Song Classics" Sing Along with Dina or Watercolor Studio	