



# Avenidas April 2021 Calendar of Events

**March 31 2:30pm-3:30pm A Great Day at Filoli**

Join us for a tour through the beautiful landscapes of Filoli Estate and Gardens, enjoy lunch in the café, and experience the current Botanical Art Exhibit. Admission is \$22-25 dollars and reservations must be made online for the day. Go to [filoli.org](http://filoli.org) to learn more about how to purchase your tickets. After purchasing your tickets, please email Thomas Kingery at [LGBTQ@avenidas.org](mailto:LGBTQ@avenidas.org) to join our tour group and get further meet up information.

**April 1 3:00pm-4:00pm Avenidas Wonder Woman Lesbian Social Group**

You're invited to come be a part of our lesbian community. Open discussions, social conversations, and good times are to be expected. Bring your unique flair and personality to the group and help us in becoming the best social group for Lesbian women in north Santa Clara County. **Join us on the first and third Thursday of each month.**

**April 5 2:30pm-3:30pm Avenidas LGBTQ Elder Empowerment and Connections Group**

"SOGIE; Sexual Orientation Gender Identity and Expression. Pt. 1" This month we will be offering participants a better understanding of the different identities within the LGBTQ Community. Join us and learn why the LGBTQ community encourages the use of gender-neutral language and non-binary pronouns. Empower yourself and the community by helping us to create an environment of support and learning.

**April 8 3:00pm-3:30pm Gay Men's Walking Group**

The Gay Men's Walking Group is a great way to get out of the house and make new friends in a safe and responsible way. The guys meet for lunch, exercise, and social engagement, while social distancing and wearing masks, during the second and fourth weekend of each month. The Thursday meeting on Zoom is the planning meeting for the upcoming walk. Join us on the second and fourth Thursday of each month at 3pm to plan the walk for the following weekend.

**April 8 4:00pm-5:00pm Avenidas Song Appreciation Group**

Theme of the Day: "Favorite Song by an LGBTQ Artist" Songs hold meaning. Come join us and share your songs that have touched your life. Submit your song in advance via email to the group facilitator Thomas Kingery at [tkingery@avenidas.org](mailto:tkingery@avenidas.org) then during the group zoom meeting we will play your song and provide the lyrics to the group to read along. After the song has been played, we discuss the meaning of the song and how it relates to the you and the topic of the day.

**April 15 3:00pm-4:00pm Avenidas Wonder Woman Lesbian Social Group**

**April 19 2:30pm-3:30pm Avenidas LGBTQ Elder Empowerment and Connections Group**

"SOGIE; Sexual Orientation Gender Identity and Expression. Pt. 2" Frank Pena, certified SOGIE trainer, will offer a short presentation on the different identities within the LGBTQ Community as well as joining in our discussion on the use of gender-neutral language and non-gendered pro-nouns. This is a safe space for authentic conversations. Empower yourself and the community by helping us to create an environment of support and learning. Join us on the first and third Monday of each month.

**April 22 3:00pm-3:30pm Gay Men's Walking Group**

**April 22 4:00pm-5:00pm Avenidas Song Appreciation Group Theme of the Day: Favorite Love Song**

**April 23 12:00pm-1:00pm AARP LGBT Prepare to Care Workshop With Avenidas Rainbow Collective**

Caring for a family member or close friend is one of the most important roles you will play. Having a plan and preparing for the future is critical. Join AARP and Avenidas Rainbow Collective for a Prepare to Care workshop and learn how to create a plan using five simple steps. No matter where you are in the journey of family caregiving, anticipating a need, helping to coordinate a big move, or taking care of a family member full-time, having a plan to help guide you and your loved one will make the process easier. RSVP: <https://aarp.cvent.com/caregiving042321> or contact Grace-Sonia Melanio at 669-212-4385



**Free and inclusive to all!**

Register on our website at [avenidas.org/programs/lgbtq-seniors-initiative/](http://avenidas.org/programs/lgbtq-seniors-initiative/) or email [LGBTQ@avenidas.org](mailto:LGBTQ@avenidas.org), or call (650) 289-5433 to get registration assistance.

Please reference the name of group or event that you are interested in joining.



With support from the County of Santa Clara, Office of LGBTQ Affairs

**Call (650) 289-5433 or sign up at [www.avenidas.org](http://www.avenidas.org)**