




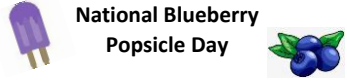













# September 2020 Activities Calendar

Hello friends! Please enjoy this month's calendar and check out the holidays for each day - Some *historical* ! Some *hysterical* ! Some downright *wacky* ! Some...*quite delicious* !?! 

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
10:00 AM	<p>Sep.15 to Oct.15 is:</p> <p><b>HISPANIC HERITAGE MONTH</b></p> 	<p>10am Activity Chat with Participants, Family and Staff on ZOOM! <a href="https://avenidas.zoom.us/j/97726475480">https://avenidas.zoom.us/j/97726475480</a></p>	 <p>National VJ Day</p>	<p>National Skyscraper Day</p> 	<p>National Macadamia Nut Day National College Colors Day National Wildlife Day</p> 	
11:00 AM		<p>National Cherry Popover Day</p> 	<p>National Blueberry Popsicle Day</p> 	<p>National Bowling League Day</p> 	<p>September is also "National Classical Music Month"</p> 	
Noon		<p>Eat something nutritious!</p>	<p>Enjoy your lunch!</p>	<p>Lunchtime - don't forget to eat!</p>		<p>Enjoy a delicious lunch!</p>
afternoon & evening		<p>National Emma M. Nutt Day: the first woman telephone operator</p> 	<p>September is "Fall Hat Month"</p> 	<p>1:30 Zoom exercise w/Eileen <a href="https://avenidas.zoom.us/j/95819434442">https://avenidas.zoom.us/j/95819434442</a></p>		
DATE	7	8	9	10		11
10:00 AM	 <p><b>LABOR DAY</b></p>	<p>10am Activity Chat with Participants, Family and Staff on ZOOM! <a href="https://avenidas.zoom.us/j/97726475480">https://avenidas.zoom.us/j/97726475480</a></p>	<p>National Teddy Bear Day &amp; National Care Bears "Share Your Care" Day</p> 	<p>National Sewing Machine Day</p> 	<p>Don't forget the Center Drive-By <b>tomorrow (Sat)</b> between 11am - 12pm.</p> 	
11:00 AM		<p>National Date Nut Bread Day</p>  <p>It's a date!</p>	<p>Time to eat!!</p>	<p>Eat something nutritious</p>	<p>What's for lunch?</p>	
Noon		<p>National Ampersand Day</p>  <p>this, that &amp; the other</p>	<p>National Wiener Schnitzel Day</p> 	<p>1:30 Zoom exercise w/Eileen <a href="https://avenidas.zoom.us/j/95819434442">https://avenidas.zoom.us/j/95819434442</a></p>	<p>1:00 Zoom Chat for Spanish-speakers with Dina <a href="https://avenidas.zoom.us/j/95309707298">https://avenidas.zoom.us/j/95309707298</a></p>	
afternoon & evening						

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
DATE	14	15	16	17	18	
10:00 AM	National Cream Filled Donut Day 	10am Coffee and Chat with Participants, Family and Staff on ZOOM! <a href="https://avenidas.zoom.us/j/97726475480">https://avenidas.zoom.us/j/97726475480</a>		National Apple Dumpling Day 	National Aging Awareness Day 	
11:00 AM		Exercise time! Put on your favorite music and "dance" in your chair.	National Play-Doh Day			
Noon		Have a yummy lunch!	Time to eat!!	Lunchtime - don't forget to eat!	Time for lunch!	
afternoon & evening	National Cream-Filled Donut Day Miss America Pageant 	National Greenpeace Day 	National Cinnamon Raisin Bread Day 	1:30 Zoom exercise w/Eileen <a href="https://avenidas.zoom.us/j/95819434442">https://avenidas.zoom.us/j/95819434442</a>	1:00 Zoom Chat for Spanish-speakers with Dina <a href="https://avenidas.zoom.us/j/95309707298">https://avenidas.zoom.us/j/95309707298</a>	
DATE	21	22	23	24	25	
10:00 AM	National Pecan Cookie Day 	10am Activity Chat with Participants, Family and Staff on ZOOM! <a href="https://avenidas.zoom.us/j/97726475480">https://avenidas.zoom.us/j/97726475480</a>	National Voter Registration Day 	National Punctuation Day 	National Comic Book Day 	
11:00 AM		National Hobbit Day 	Enjoy a delicious lunch!	Make a sandwich!	Time to eat!!	
Noon	Time for lunch!		National Chicken Pot Pie Day 	1:30 Zoom exercise w/Eileen <a href="https://avenidas.zoom.us/j/95819434442">https://avenidas.zoom.us/j/95819434442</a>	1:00 Zoom Chat for Spanish-speakers with Dina <a href="https://avenidas.zoom.us/j/95309707298">https://avenidas.zoom.us/j/95309707298</a>	
afternoon & evening	National New York Day 					
DATE	28	29	30	Exercise with Dina and Eileen on YouTube		
10:00 AM	National Good Neighbor Day 	National Coffee Day 	National Chewing Gum Day 			
11:00 AM						
Noon	What are you eating for lunch?!		National Love People Day 			
afternoon & evening	Nat'l Strawberry Cream Pie Day 			<a href="https://www.youtube.com/channel/UCL_uoumEXJAKLUVpwuDPJ_g/video">https://www.youtube.com/channel/UCL_uoumEXJAKLUVpwuDPJ_g/video</a>		