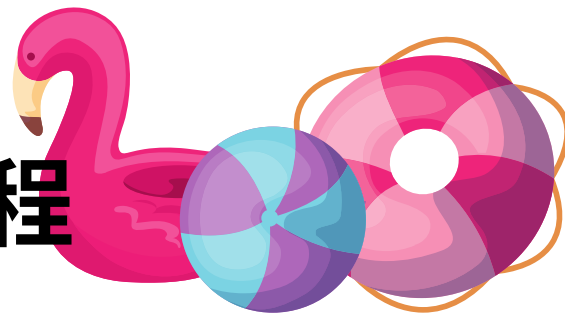




# July 2020 Online Classes & Activities

www.avenidas.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All ACCC activities will be presented in Chinese and English. Welcome to ages 50+ to join. To register and receive a class Zoom link, please contact <b>Rosie Chow (rchow@avenidas.org)</b> and/or <b>Pinki Fung (pfung@avenidas.org)</b></p> <p><small>Note: Class schedule may change or cancelled due to the shelter-in-place order or restrictions.</small></p>		<b>1</b>	<b>2</b>	<b>3</b> <b>CLOSED - Independence Day Holiday</b>
<p>11-12 Lingnan Chinese Brush Painting (#7649) <b>6</b></p> <p>1:00-1:40 "PinkRose" Online Office Hours (#7561)</p>	<p>1-2 Cantonese for Beginners (#7546) <b>7</b></p>	<p>1:00-1:40 "PinkRose" Online Office Hours (#7561) <b>8</b></p> <p>2-3 Incredible English (#7557)</p>	<p>10-11 Learning Chinese Culture in America (#7547) <b>9</b></p> <p>2-3 Healthy Cooking: Steamed Eggs (#7545)</p>	<p>11-12 Lingnan Chinese Brush Painting (#7649) <b>10</b></p> <p>Educational Online Field Trip (NO CLASS) 1:30-2 Census 2020 Webinar - Mandarin (#7317)</p>
<p>11-12 Lingnan Chinese Brush Painting (#7649) <b>13</b></p> <p>1:00-1:40 "PinkRose" Online Office Hours (#7561)</p>	<p>11-12 Line Dance* (#7556) <b>14</b></p> <ul style="list-style-type: none"> <li>• must complete waiver form before class</li> </ul> <p>1-2 Cantonese for Beginners (#7546)</p>	<p><b>11-12 Workshop: "10 Warning Signs of Alzheimer's" (#7574) 15</b></p> <p>1:00-1:40 "PinkRose" Online Office Hours (#7561)</p> <p>2-3 Incredible English (#7557)</p>	<p>10-11 Learning Chinese Culture in America (#7547) <b>16</b></p> <p>2-3 Healthy Cooking: Braised Beef (#7545)</p>	<p>11-12 Lingnan Chinese Brush Painting (#7649) <b>17</b></p> <p>1-1:40 Educational Online Field Trip (#7558)</p>
<p><b>Lingnan Chinese Brush Painting (NO CLASS) 20</b></p> <p>1:00-1:40 "PinkRose" Online Office Hours (#7561)</p>	<p>11-12 Line Dance* (#7556) <b>21</b></p> <ul style="list-style-type: none"> <li>• must complete waiver form before class</li> </ul> <p>1-2 Cantonese for Beginners (#7546)</p>	<p>1:00-1:40 "PinkRose" Online Office Hours (#7561) <b>22</b></p> <p>2-3 Incredible English (#7557)</p>	<p>10-11 Learning Chinese Culture in America (#7547) <b>23</b></p> <p>2-3 Healthy Cooking: Oxtail Soup (#7545)</p>	<p>11-12 Lingnan Chinese Brush Painting (#7649) <b>24</b></p> <p>1-1:40 Educational Online Field Trip (#7558)</p>
<p><b>27</b></p> <p>1:00-1:40 "PinkRose" Online Office Hours (#7561)</p>	<p>11-12 Line Dance* (#7556) <b>28</b></p> <ul style="list-style-type: none"> <li>• must complete waiver form before class</li> </ul> <p>1-2 Cantonese for Beginners (#7546)</p>	<p>1:00-1:40 "PinkRose" Online Office Hours (#7561) <b>29</b></p> <p>2-3 Incredible English (#7557)</p>	<p>10-11 Learning Chinese Culture in America (#7547) <b>30</b></p> <p>2-3 Healthy Cooking: Steamed Fish (#7545)</p>	<p><b>31</b></p> <p>Educational Online Field Trip (NO CLASS)</p>



# 2020年7月份網上活動及課程

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週一	週二	週三	週四	週五
<p>Avenidas華人社區中心所有活動和課程將以中英文進行。歡迎50歲或以上學員報名參加！。敬請各學員預先發電郵給我們報名登記出席！ 如果您對我們的課程有興趣或疑問，請我們聯繫 Rosie Chow (rchow@avenidas.org) 或 Pinki Fung (pfung@avenidas.org)</p> <p>請注意:中心課程可能因應居家避疫令或其限制而作出課程變動及影響或課程有可能被取消。</p>		1	2	3 美國獨立日假期 - 中心休息
<p>11-12 中國國畫班-嶺南畫派 (#7649) <b>6</b></p> <p>1:00-1:40 (#7561) 網上中心服務時間</p>	<p>1-2 廣東話入門 (#7546) <b>7</b></p>	<p>1:00-1:40 (#7561) <b>8</b> 網上中心服務時間</p> <p>2-3 出神入化趣味英語 (#7557)</p>	<p>10-11 中華文化風俗介紹 (#7547) <b>9</b></p> <p>2-3 美味人生: 蒸蛋 (#7537)</p>	<p>11-12 中國國畫班-嶺南畫派 (#7649) <b>10</b> 網上遊學團 (暫停) 130-2 人口普查線上講座-國語 (#7317)</p>
<p>11-12 中國國畫班-嶺南畫派 (#7649) <b>13</b></p> <p>1:00-1:40 (#7561) 網上中心服務時間</p>	<p>11-12 排舞班* (#7556) <b>14</b> • 上課前必須完成自負責任同意表</p> <p>1-2 廣東話入門 (#7546)</p>	<p>11-12 阿滋海默症的十大警訊 (#7574) <b>15</b></p> <p>1:00-1:40 (#7561) 網上中心服務時間</p> <p>2-3 出神入化趣味英語 (#7557)</p>	<p>10-11 中華文化風俗介紹 (#7547) <b>16</b></p> <p>2-3 美味人生: 紅燒牛肉 (#7537)</p>	<p>11-12 中國國畫班-嶺南畫派 (#7649) <b>17</b></p> <p>1-1:40 網上遊學團 (#7555)</p>
<p>中國國畫班-嶺南畫派 (暫停) <b>20</b></p> <p>1:00-1:40 (#7561) 網上中心服務時間</p>	<p>11-12 排舞班* (#7556) <b>21</b> • 上課前必須完成自負責任同意表</p> <p>1-2 廣東話入門 (#7546)</p>	<p>1:00-1:40 (#7561) <b>22</b> 網上中心服務時間</p> <p>2-3 出神入化趣味英語 (#7557)</p>	<p>10-11 中華文化風俗介紹 (#7547) <b>23</b></p> <p>2-3 美味人生: 牛尾湯 (#7537)</p>	<p>11-12 中國國畫班-嶺南畫派 (#7649) <b>24</b></p> <p>1-1:40 網上遊學團 (#7555)</p>
<p>1:00-1:40 (#7561) <b>27</b> 網上中心服務時間</p>	<p>11-12 排舞班* (#7556) <b>28</b> • 上課前必須完成自負責任同意表</p> <p>1-2 廣東話入門 (#7546)</p>	<p>1:00-1:40 (#7561) <b>29</b> 網上中心服務時間</p> <p>2-3 出神入化趣味英語 (#7557)</p>	<p>10-11 中華文化風俗介紹 (#7547) <b>30</b></p> <p>2-3 美味人生: 清蒸魚 (#7537)</p>	<p>網上遊學團 (暫停) <b>31</b></p>