

# BREAKFAST

## Eggs, Bacon + Pastry

two eggs (any style), two strips of bacon, and your choice of freshly baked pastry 6.00

## Huevos Rancheros

fried eggs, onions, cotija cheese, refried beans, avocado, and ranchero salsa on corn tortillas 5.00

## Biscuit Sliders

housemade pork sausage patties, cheddar, scrambled eggs, and housemade biscuits 5.00

## Avocado Toast

trio of toast with avocado and oven-roasted tomatoes, sprinkled with extra virgin olive oil and fresh thyme 4.00

## Waffle & Small Coffee

belgian waffle topped with fresh whipped cream, seasonal toppings, and a small drip coffee 4.00

## Yogurt Parfait

greek yogurt, seasonal fruit compote, and granola (contains nuts) 5.00

## Chocolate Chia Pudding

overnight chia seed pudding with vanilla, maple syrup, coconut milk, and cocoa, topped with granola (contains nuts) 5.00

## From the Bakery

Housemade Cinnamon Roll 4.00

Assorted Baked Goods 2.00

## BEVERAGES

<b>Brewed Coffee</b>	1.50
<b>Espresso</b>	2.00
<b>Macchiato</b>	2.95
<b>Americano</b>	2.50
<b>Cappuccino</b>	3.25
<b>Latte</b>	3.50
<b>Cafe Mocha</b>	3.75
<b>Hot Chocolate</b>	2.50
<b>Assorted Teas</b>	2.50

 *vegetarian*  *vegan*  *gluten free*

## SALADS

# LUNCH

## BOWLS

### Redwood Chop Salad

romaine lettuce, chopped chicken, chopped bacon, bleu cheese, cucumbers, grape tomatoes, hard-boiled egg, and housemade red wine vinaigrette 9.00

### Teriyaki-Sesame Salad

romaine lettuce, green and red cabbage, carrots, crisp wontons, chopped peanuts, mandarin oranges, and housemade teriyaki-sesame dressing (contains nuts, soy) 7.00

+ chicken or steak 2.00

### Super Caesar Salad

romaine lettuce, kale, avocado, puffed quinoa, shaved parmesan cheese, and housemade caesar dressing 7.00

+ chicken or steak 2.00

### Roadhouse Steak Salad

lettuce blend (baby kale), grilled steak, bleu cheese, roasted peppers, caramelized onions, and smoky, sweet n' sassy dressing 9.00

### Tuna Salad on Greens

tuna salad (lemon, celery, red onions, and mayonnaise) and tomato on top of greens 9.00

### Smoky Quinoa Bowl

quinoa, roasted bell peppers, grilled onions, sauteed kale and housemade sweet n' sassy sauce 7.00

+ chicken or steak 2.00

### Asian Quinoa Bowl

quinoa, cooked green and red cabbage, cooked carrots, crisp wontons, chopped peanuts, green onions, and teriyaki sauce 7.00

+ chicken or steak 2.00

### Housemade Lentil Soup

Lentils, onions, carrots, celery, tomato, and fresh herbs

Cup 3.50 | Bowl 5.00

**COMBO** 1/2 sandwich + cup soup **7.00**

 vegetarian  vegan  gluten free

# LUNCH

## SANDWICHES

all sandwiches come with a seasonal side  
and can be served hot!

### Redwood Turkey Sandwich

house roasted turkey, tomato, lettuce, avocado  
and mayonnaise on sliced whole wheat 9.00

### Tuna Salad Sandwich

tuna salad (lemon, celery, red onions, and  
mayonnaise), lettuce, tomato on croissant 9.00

### BLTA Sandwich

bacon, lettuce, tomato, avocado and mayonnaise  
on sliced whole wheat toast 9.00

### French Dip **served hot**

roast beef, provolone cheese and caramelized  
onions on a french roll with a side of au jus 9.00

### Caprese Sandwich

fresh mozzarella, sliced tomatoes, basil, and balsamic  
reduction on housemade rosemary sea salt foccacia 7.00

### Falafel Wrap

housemade falafel, tomato, pickled red onion,  
cucumber, and yogurt tahini spread in a flatbread 7.00

### Thai Curry Wrap

thai-marinated tofu, red cabbage, carrots, rice noodles,  
bell peppers, and almond dressing in a spinach tortilla 7.00

**COMBO** 1/2 sandwich  
+ cup soup **7.00**