

calendar subject to change	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>DATE</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>9:00 AM</b>	 <i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>	 <i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>
<b>10:00 AM</b>	Current Events with Rachel or Creative Crafts with Staff	Morning Cooking Demo with Staff or Sewing with Sharon and Dawn	Travel Class with Rachel or Crafts with Sharon & Dawn	Generation to Generation or Creative Crafts with Staff	Social Change discussion with Rachel or Crafting Fun with Staff
<b>11:00 AM</b>	<i>Fun and Fit Exercise</i>	<i>Relaxing Exercise w/Lynnette</i>	<i>Fun and Fit Exercise</i>	<i>Fun and Fit Exercise</i>	<i>Fun and Fit Exercise</i>
<b>Noon</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH/Music by Glen</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>1:15 PM</b>	<i>The Vocal Stylings of Mary Boutte</i> or Bingo Fun or Brain Fitness Fun	<i>Music with Audrey &amp; Bill</i> or Creative Expression with Judy Shintani	Art Appreciation with Judy or Gardening Fun with Marjorie & Mark or Brain Fitness Fun	<i>Rockin' and Rollin' with Regi</i> or Watercolor Lab or Brain Fitness Fun	<i>Music with Nancy Cassidy</i> or Bingo Fun with Staff or Basic English for Mandarin speakers w/Ingrid
<b>DATE</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>9:00 AM</b>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>	 <i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>
<b>10:00 AM</b>	Current Events with Rachel or Creative Crafts with Staff	Culinary Demo Fun or Sewing with Sharon and Dawn	Travel Class with Rachel or Crafts with Sharon & Dawn	Generation to Generation or Creative Crafts with Staff	Social Change discussion with Rachel or Crafting Fun with Staff
<b>11:00 AM</b>	<i>Fun and Fit Exercise</i>	<i>Relaxing Exercise w/Lynnette</i>	<i>Fun and Fit Exercise</i>	<i>Fun and Fit Exercise</i>	<i>Fun and Fit Exercise</i>
<b>Noon</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH/Music by Glen</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>1:15 PM</b>	<i>Jamming with Nancy Cassidy</i> or Bingo Fun or Brain Fitness Fun	<i>Music with Audrey &amp; Bill</i> or Creative Expression with Judy Shintani	Art Appreciation with Judy or Gardening Fun with Marjorie & Mark or Brain Fitness Fun	<i>Bernard on Piano &amp; Vocals</i> or Watercolor Lab or Brain Fitness Fun	<i>Anna on Piano</i> or Bingo Fun with Staff or Basic English for Mandarin speakers w/Ingrid
<b>DATE</b>	<b>16</b>	<b>17 St. Patrick's Day!</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>9:00 AM</b>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>
<b>10:00 AM</b>	Current Events with Rachel or Crafting Fun with Staff	Morning Yummies with Staff or Sewing with Sharon & Dawn	Travel Class with Rachel or Crafts with Sharon & Dawn	Generation to Generation or Crafting and Fun with Staff	Social Change discussion with Rachel or Crafting Fun with Staff
<b>11:00 AM</b>	<i>Fun and Fit Exercise</i>	<i>Relaxing Exercise w/Lynnette</i>	<i>Fun and Fit Exercise</i>	<i>Fun and Fit Exercise</i>	<i>Fun and Fit Exercise</i>
<b>Noon</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH/Music by Glen</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>1:15 PM</b>	<i>Groovin' with Mary B.</i> or Bingo or Brain Fitness Fun	<i>Music and Song with Sonia</i> or Creative Expression with Judy Shintani	Art Appreciation with Judy or Gardening Fun with Mark or Brain Fitness Fun	<i>Dance Party with Regi</i> or Watercolor Lab or Brain Fitness Fun	Musical Performance or Bingo Fun with Staff or Basic English for Mandarin speakers w/Ingrid
<b>DATE</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>9:00 AM</b>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>
<b>10:00 AM</b>	Current Events with Rachel or Crafting Fun with Staff	Food Demo with Staff or Sewing with Sharon & Dawn	Travel Class with Rachel or Crafts with Sharon & Dawn	Generation to Generation or Arts and Crafts with Staff	Social Change discussion with Rachel or Crafting Fun with Staff
<b>11:00 AM</b>	<i>Fun and Fit Exercise</i>	<i>Relaxing Exercise w/Lynnette</i>	<i>Fun and Fit Exercise</i>	<i>Fun and Fit Exercise</i>	<i>Fun and Fit Exercise</i>
<b>Noon</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH/Music by Glen</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>1:15PM</b>	<i>Piano with Anna</i> or Bingo Fun or Brain Fitness Fun	<i>Music with Audrey &amp; Bill</i> or Creative Expression with Judy Shintani	Art Appreciation with Judy or Gardening Fun with Marjorie & Mark or Brain Fitness Fun	<i>Music with Maddaline</i> or Watercolor Lab or Brain Fitness Fun	<i>Music and Fun with Nancy Cassidy</i> or Games with Staff or Basic English for Mandarin speakers w/Ingrid
<b>DATE</b>	<b>30</b>	<b>31</b>	  		
<b>9:00 AM</b>	<i>Coffee, Tea, &amp; Chat</i>	<i>Coffee, Tea, &amp; Chat</i>			
<b>10:00 AM</b>	Current Events with Rachel or Creative Art Expression with Staff	"Cooking" Demo with Staff or Sewing with Sharon and Dawn			
<b>11:00 AM</b>	<i>Fun and Fit Exercise</i>	<i>Sit and Be Fit</i>			
<b>Noon</b>	<b>LUNCH</b>	<b>LUNCH</b>			
<b>1:15 PM</b>	Musical Performance or Games with Staff or Brain Fitness Fun	<i>Music with Audrey and Bill</i> or Crafting with Staff			