







calendar subject to change

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

 **February 2020** 

Activities Calendar    

DATE	3	4	5	6	7
9:00 AM	Coffee, Tea, & Chat	Coffee, Tea, & Chat	Coffee, Tea, & Chat	Coffee, Tea, & Chat	Coffee, Tea, & Chat
10:00 AM	Current Events with Rachel or Creative Crafts with Staff	Culinary Demo Fun or Sewing with Sharon and Dawn	Travel Class with Rachel or Crafts with Sharon & Dawn	Generation to Generation or Creative Crafts with Staff	Social Change discussion with Rachel or Crafting Fun with Staff
11:00 AM	Fun and Fit Exercise	Relaxing Exercise w/Lynnette	Fun and Fit Exercise	Fun and Fit Exercise	Fun and Fit Exercise
Noon	LUNCH	LUNCH	LUNCH/Music by Glen	LUNCH	LUNCH
1:15 PM	The Vocal Stylings of Mary Boutte or Bingo Fun or Creativity Club	Music with Audrey or Creative Expression with Judy Shintani	Art Appreciation with Judy or Gardening Fun with Marjorie & Mark or Brain Fitness Fun	Rockin' and Rollin' with Regi or Watercolor Lab or Fine Motor Skills class	Banjo with Andre & friend or Bingo Fun with Staff or Basic English for Mandarin speakers w/Ingrid
DATE	10	11	12	13	14
9:00 AM	Coffee, Tea, & Chat	Coffee, Tea, & Chat	Coffee, Tea, & Chat	Coffee, Tea, & Chat	Coffee, Tea, & Chat
10:00 AM	Current Events with Rachel or Crafting Fun with Staff	Morning Yummies with Staff or Sewing with Sharon & Dawn	Travel Class with Rachel or Crafts with Sharon & Dawn	Generation to Generation or Crafting and Fun with Staff	Social Change discussion with Rachel or Crafting Fun with Staff
11:00 AM	Fun and Fit Exercise	Relaxing Exercise w/Lynnette	Fun and Fit Exercise	Fun and Fit Exercise	Fun and Fit Exercise
Noon	LUNCH	LUNCH	LUNCH/Music by Glen	LUNCH	LUNCH
1:15 PM	Groovin' with Mary B. or Creativity Club	Piano with Audrey or Creative Expression with Judy Shintani	Art Appreciation with Judy or Gardening Fun with Marjorie & Mark or Brain Fitness Fun	Musical Entertainment or Watercolor Lab or Fine Motor Skills class	Anna on Piano or Bingo Fun with Staff or Basic English for Mandarin speakers w/Ingrid
DATE	17	18	19	20	21
9:00 AM	CENTER CLOSED	Coffee, Tea, & Chat	Coffee, Tea, & Chat	Coffee, Tea, & Chat	Coffee, Tea, & Chat
10:00 AM		Food Demo with Staff or Sewing with Sharon & Dawn	Travel Class with Rachel or Crafts with Sharon & Dawn	Generation to Generation or Arts and Crafts with Staff	Social Change discussion with Rachel or Crafting Fun with Staff
11:00 AM		Relaxing Exercise w/Lynnette	Fun and Fit Exercise	Fun and Fit Exercise	Fun and Fit Exercise
Noon		LUNCH	LUNCH/Music by Glen	LUNCH	LUNCH
1:15PM		Banjo Sing-along with Sonia or Creative Expression with Judy Shintani	Art Appreciation with Judy or Gardening Fun with Marjorie & Mark or Brain Fitness Fun	Dance Party with Regi or Watercolor Lab or Fine Motor Skills Class	Palo Alto Friendship Team - Chinese Dancers & Performers or Games with Staff or Basic English for Mandarin speakers w/Ingrid
DATE	24	25	26	27	28
9:00 AM	Coffee, Tea, & Chat	Coffee, Tea, & Chat	Coffee, Tea, & Chat	Coffee, Tea, & Chat	Coffee, Tea, & Chat
10:00 AM	Current Events with Rachel or Creative Art Expression with Staff	"Cooking" Demo with Staff or Sewing with Sharon and Dawn	Travel Class with Rachel or Crafts with Sharon & Dawn	Generation to Generation or Creativity and You with Staff	Social Change discussion with Rachel or Crafting Fun with Staff
11:00 AM	Fun and Fit Exercise	Relaxing Exercise w/Lynnette	Fun and Fit Exercise	Fun and Fit Exercise	Fun and Fit Exercise
Noon	LUNCH	LUNCH	LUNCH/Music by Glen	LUNCH	LUNCH
1:15 PM	Anna on Piano or Games with Staff or Creativity Club	Music with Audrey or Creative Self Expression with Judy Shintani	Art Appreciation with Judy or Gardening Fun with Marjorie & Mark or Brain Fitness Fun	Musical Performance and Fun or Watercolor Lab or Fine Motor Skills Class	Sing-Along with Dina or Games with Staff or Basic English for Mandarin speakers w/Ingrid