

	Monday	Tuesday	Wednesday	Thursday	Friday
DATE			1	2	3
9:30 AM			COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT
10:15 AM			Travel Log with Rachel or Crafts with Sharon and Dawn	Generation to Generation or Arts & Crafts with Jorel	Social Change with Rachel or Gardening with Mark
11:00 AM	May 2019		Sit & Be Fit	Sit & Be Fit 	Sit & Be Fit
NOON	Activity Calendar		Lunch	Lunch	Lunch
1:00 PM	 <i>Calendar subject to change</i>		Art Appreciation with Judy or Art & Crafts with Staff or Men's Group	Rockin' and Rollin' with Regi or Watercolor w/Eileen	Classical Guitar with the Davisson Duo or Games with Staff or English class with Ingrid
DATE	6	7	8	9	10
9:30 AM	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT
10:15 AM	Current Events with Rachel or Art & Crafts with Staff	Morning Fun with Staff or Sewing with Sharon and Dawn	Travel Log with Rachel or Crafts with Sharon and Dawn	Generation to Generation or Arts & Crafts with Jorel	Social Change with Rachel or Gardening with Mark
11:00 AM	Sit & Be Fit 	Relaxing Exercise w/Lynnette	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit
NOON	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	Music with Mary Boutte or Games with Staff	Music with Audrey & Bill or Art & Sculpture with Judy or Afternoon Creativity Club	Art Appreciation with Judy or Arts and Crafts with Staff or Men's Group	Fun with the California Game Girls or Watercolor w/Eileen 	Anna on Piano or Games with Staff or English class with Ingrid
DATE	13	14	15	16	17
9:30 AM	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT
10:15 AM	Current Events with Rachel or Art & Crafts with Staff 	Cooking with Loretta & Nancy or Sewing with Sharon and Dawn	Los Altos/Mountain View Senior Choir (cancel Travel Log with Rachel) or Crafts with Sharon and Dawn	Generation to Generation or Arts & Crafts with Jorel	Social Change with Rachel or Gardening with Marjorie
11:00 AM	Sit & Be Fit	Relaxing Exercise w/Lynnette	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit
NOON	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	Musical Entertainment or Games with Staff	Music with Audrey and Bill or Art and Sculpture with Judy or Afternoon Creativity Club	Art Appreciation with Judy or Arts and Crafts with Staff or Men's Group	Rockin' and Rollin' with Regi or Watercolor w/Eileen	Guitar with Christopher Nicklin or English class with Ingrid
DATE	20	21	22	23	24
9:30 AM	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT
10:15 AM	Current Events with Rachel or Art & Crafts with Staff	Morning Fun with Staff or Sewing with Sharon and Dawn	Travel Log with Rachel or Crafts with Sharon and Dawn	Generation to Generation or Arts & Crafts with Jorel	Social Change with Rachel or Gardening with Marjorie
11:00 AM	Sit & Be Fit 	Relaxing Exercise w/Lynnette	Sit & Be Fit	Sit & Be Fit 	Sit & Be Fit
NOON	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	Music with Mary Boutte or Games with Staff	Music with Sonia! or Art & Sculpture with Judy or Afternoon Creativity Club	Art Appreciation with Judy or Arts and Crafts with Staff or Men's Group	Fun with the California Game Girls or Watercolor w/Eileen	Vocals and piano with Maddaline or Games with Staff or English class with Ingrid
DATE	27	28	29	30	31
9:30 AM	Center Closed		COFFEE & CHAT 	COFFEE & CHAT	COFFEE & CHAT
10:15 AM			Travel Log with Rachel or Crafts with Sharon and Dawn	Generation to Generation or Arts & Crafts with Jorel	Social Change with Rachel or Gardening with Marjorie
11:00 AM			Relaxing Exercise w/Lynnette	Sit & Be Fit w/Dina	Sit & Be Fit w/Dina
NOON			Lunch	Lunch	Lunch
1:00 PM			Music with Audrey & Bill or Art & Sculpture with Judy or Afternoon Creativity Club	Art Appreciation with Judy or Arts and Crafts with Staff or Men's Group	Musical Entertainment or Games with Staff or English class with Ingrid