



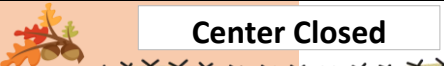



	Monday	Tuesday	Wednesday	Thursday	Friday		
DATE	 <p style="text-align: center;"><b>NOVEMBER 2018</b> <b>ACTIVITIES CALENDAR</b></p>    <p style="text-align: center; font-size: small;">Calendar subject to change</p>			1	2		
9:30 AM				COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT
10:15 AM				Generation to Generation or Art with Jorel	Social Change with Rachel or Creative Crafts with Staff	Generation to Generation or Art with Jorel	Social Change with Rachel or Creative Crafts with Staff
11:00 AM				Sit & Be Fit (Staff)	Sit & Be Fit (Staff)	Sit & Be Fit (Staff)	Sit & Be Fit (Staff)
NOON				Lunch	Lunch	Lunch	Lunch
1:00 PM	Music Appreciation with Ken or Watercolor w/Eileen	Music with Maddalaine or Games with Staff or English class with Ingrid	Music Appreciation with Ken or Watercolor w/Eileen	Music with Maddalaine or Games with Staff or English class with Ingrid			
DATE	5	6	7	8	9		
9:30 AM	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT		
10:15 AM	Current Events with Rachel or Art & Crafts with Staff	HOPE Group or Sewing with Sharon & Dawn	Travel Log with Rachel or Crafts with Sharon and Dawn	Generation to Generation or Art with Jorel	Social Change with Rachel or Creative Crafts with Staff		
11:00 AM	Sit & Be Fit (Staff)	Relaxing Exercise w/Lynnette	Sit & Be Fit (Staff)	Sit & Be Fit (Staff)	Sit & Be Fit (Staff)		
NOON	Lunch	Lunch	Lunch	Lunch	Lunch		
1:00 PM	Vocals with Mary Boutte or Games with Gary!	Music with Bill and Audrey or Art & Sculpture with Judy	Brain Fitness & Fun with Dan or Gardening with Marjorie	Music Appreciation with Ken or Watercolor w/Eileen	Veterans Day Musical Presentation with Brenda or Games with Staff or English class with Ingrid		
DATE	12	13	14	15	16		
9:30 AM	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT		
10:15 AM	Morning Fun with Emily or Art & Crafts with Staff	HOPE Group or Sewing with Sharon & Dawn	Travel Log with Rachel or Crafts with Sharon and Dawn	Generation to Generation w/musical guest Nancy Cassidy or Art with Jorel	Social Change with Rachel or Creative Crafts with Staff		
11:00 AM	Sit & Be Fit (Staff)	Relaxing Exercise w/Lynnette	Sit & Be Fit (Staff)	Sit & Be Fit (Staff)	Sit & Be Fit (Staff)		
NOON	Lunch	Lunch	Lunch	Lunch	Lunch		
1:00 PM	Music with Maddalaine or Games with Gary!	Music with Audrey and Bill or Art & Sculpture with Judy	Brain Fitness and Fun with Dan or Gardening with Marjorie	Music Appreciation with Ken or Watercolor w/Eileen	Guitarist Christopher Nicklin or Games with Gary! or English class with Ingrid		
DATE	19	20	21	22	23		
9:30 AM	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	<div style="text-align: center;">  <p><b>Center Closed</b></p>  </div>			
10:15 AM	Current Events with Rachel or Art & Crafts with Staff	HOPE Group or Sewing with Sharon & Dawn	Travel Log with Rachel or Crafts with Sharon and Dawn				
11:00 AM	Sit & Be Fit (Staff)	Relaxing Exercise w/Lynnette	Sit & Be Fit (Staff)				
NOON	Lunch	Lunch	Lunch				
1:00 PM	Music with Mary Boutte or Games with Staff	Musical Fun with Sonia or Art & Sculpture with Judy	Brain Fitness & Fun with Dan or Art & Crafts with Staff				
DATE	26	27	28	29	30		
9:30 AM	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT	COFFEE & CHAT		
10:15 AM	Current Events with Rachel or Art & Crafts with Staff	HOPE Group or Sewing with Sharon & Dawn	Los Altos/Mtn. View Senior Choir or Crafts with Sharon and Dawn	Generation to Generation or Art with Jorel	Social Change with Rachel or Creative Crafts with Staff		
11:00 AM	Sit & Be Fit (Staff)	Relaxing Exercise w/Lynnette	Sit & Be Fit (Staff)	Sit & Be Fit (Staff)	Sit & Be Fit (Staff)		
NOON	Lunch	Lunch	Lunch	Lunch	Lunch		
1:00 PM	Anna on Piano or Games with Staff	Music with Audrey & Bill or Art & Sculpture with Judy	Brain Fitness with Dan or Gardening with Marjorie	Music Appreciation with Ken or Watercolor w/Eileen	Musical Entertainment or Games w/Staff or English class with Ingrid		