Get Ready to Rock

Silicon Valley’s favorite fall fundraiser is back.

The stage is set for Children’s Health Council’s (CHC) fifth annual Rocktoberfest event, to be held Saturday, October 21, in a rustic outdoor setting at NCEFT in Woodside. Volunteer Co-Chairs Rachelle Analla, Sydnee Brooks, Jere King, and Rebecca Schnitt have been hard at work putting together a fun-filled evening that includes dancing to 80’s dance favorites Tainted Love, a wide selection of craft beers and local wines, and farm-to-table refreshments. Special guest host Olympic gold medalist Jonny Moseley will MC the evening. Proceeds from Rocktoberfest will support CHC programs and help provide affordable, accessible, and multicultural care to children, teens, and young adults facing ADHD, anxiety and depression, autism, and learning differences. For tickets and more details, visit www.chconline.org/rocktoberfest.

Groundbreaking

Palo Alto’s Avenidas looks to a new chapter of serving seniors in the community.

For over 40 years, Avenidas in downtown Palo Alto has provided seniors with tools for positive aging. After raising $18 million dollars, the leaders and supporters of Avenidas broke ground on a major renovation project that will rehabilitate the nonprofit’s current building and create state-of-the art new space, including a new wellness center. www.avenidas.org