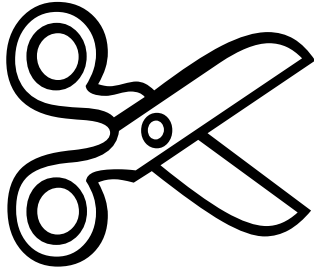


TALK OF THE TOWN



your next real estate transaction. Are we right? If we are, call Dante Drummond of Coldwell Banker Realtors at (650) 400-9390 or visit her Web site at www.RealEstatebyDante.com. Be sure and talk to Dante about her free reports on buyer and seller statistics.

IT'S MONDAY, DO YOU KNOW WHAT THAT MEANS? It means you get to save money all week long because of the Monday Edition of the Amazing Coupon Section. We don't care what you use to clip the coupons as long as you clip. We suggest you do not use electric hedge clippers, however.



WANT A GREAT MEAL without smashing the piggy bank? Head on over to the New Tung Kee Noodle House in the San Antonio Shopping Center. If you have yet to discover this gem of a dining experience, you are in for a surprise! Not only do entire meals start at just \$4.75, but the food is delicious! We love the Pad Thai and noodle soups, but we will let you discover your own new favorite! Stop in and tell David that you saw his ad in the Daily Post. He likes to know these things, you know Call (650) 947-8888.



SENIORS! GET A MOVE ON! Are you ready to get moving? Join Avenidas Manager Judith Webb, a

gerontologist and fitness expert, and learn the latest in exercise and nutrition and have fun at the same time? Then sign up for Camp Avenidas Summer Fitness Weekend Conference that will be held at Avenidas (450 Bryant St., Palo Alto) on Saturday, Aug. 28, and Sunday, Aug. 29, from 9 a.m. to 4 p.m. You will enjoy a keynote speech by popular columnist Susan Swartz, body and brain fitness workshops, healthy gourmet lunches, get a free T-shirt and more! So sign up today at www.avenidas.org or call (650) 289-5436. You don't want to miss the fitness event of the season!



THERE'S MORE GOING ON AT Avenidas, too! If you are caring for an aging parent or spouse, don't go it alone; sign up to attend the Avenidas' 7th annual Caregiver Conference on Saturday, Aug. 21, from 8:30 a.m. to 2:30 p.m. and learn from experts on how best to face this challenge.

You'll enjoy an informative keynote address, your choice of workshops, lunch, and the chance to win prizes. Learn how to deal with your parent's clutter, the legal issues, medication information and how to take care of yourself, too. To register, visit www.avenidas.org or call Lenny Park at (650) 289-5445.

GET A DOSE OF HISTORY. Go to Patagonia Palo Alto for a free screening of "180 Degrees South" the modern-day journey of a young American adventurer who seeks to repeat the legendary 1968 trip of environmentalist Yvon Chouinard through North and South America after finding the lost footage of the trip. The screening is on Sept. 8th at 7 p.m. at Patagonia Palo Alto at 525 Alma St. Call Lauren at (650) 329-8556 for more details.

NOT TO WORRY, WE ARE not too tired to get to work and put together another edition of this stupendous publication. Where's the coffee ?

Car Accident?



IN PAIN? WE CAN HELP.

Receive a FREE half-hour injury evaluation

...just mention this ad.

STANFORD CHIROPRACTIC CENTER

OFFICE OF DR. GAVIN CARR

Convenient downtown location • Plenty of parking
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Caregivers & CNA's Needed

to provide premier at-home services for seniors.

Live-Ins and Hourly Shifts Available.

WORK WITH THE BEST

• 1 year eldercare experience, nursing home experience a plus.

• Valid driver's license, proof of car insurance, reliable vehicle not required but a plus.

• Good communication skills necessary

We offer excellent benefits, training and weekly pay!

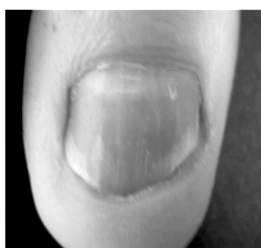
Now Hiring for San Mateo & San Francisco areas

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Call 650-558-8848 or 1-800-417-1897 to set up an interview



Before Treatment



Four Months Later*

ATTENTION!

* Not everyone responds the same to treatment. Schedule your free consultation for more details.

Your Toenail Fungus Can Be Treated

In addition to more common treatment such as Lamisil, which has risks of liver damage, Dr. Kelly of San Carlos Podiatry offers a new laser treatment for toenail fungus infections.

The laser treatment features are:

- 1 30-90 min treatment
- 2 No down time, an in and out procedure.
- 3 Thorough education on after care treatment to increase success rate
- 4 No known side effects.

➔ Get your feet ready for summer. You deserve it!!! ➔

Call to schedule your **FREE!** laser treatment consultation

P.S. Ask about our Foot Facial which eliminates dry, cracked feet, and athletes foot.

P.P.S. We also have an exciting nail restoration system which restores unsightly nails.

P.P.P.S. Our Peace of Mind Pedicure service provides surgically sterile manicures and pedicures.

San Carlos Podiatry

Dr. Pardis A. Kelly

1100 Laurel St. Suite E. San Carlos

(650) 595-4148

appointments@SANcarlosPODIATRY.com

www.ZAPthatFUNGUS.com

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FREE Spider Roll with purchase over \$40

☞ Must present ad. Dine-in or to go ☞

4-ITEM Lunch Special only \$8.95

Make your own combo!

plus salad, rice, soup

Monday - Friday 11:30 to 2 pm

☞ Must present ad ☞



Sushi Bar & Grill

CHOOSE FROM:

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|----------------------|----------------------|
| Tekka 6pcs | Beef teriyaki |
| Sushi 3pcs | Salmon teriyaki |
| Sashimi 4 pcs | Chicken teriyaki |
| California 6pcs | Sake maki |
| Spicy tuna roll 6pcs | Tonkatsu |
| Avocado 6pcs | Chicken katsu |
| Gyoza(veg) 4pcs | Spicy garlic chicken |
| Mix tempura | Sesame chicken |
| Yasai tempura | Age dashi tofu |

BENTO COMBO Dinner Special

Choose from any 3-items **\$13.95**

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