

AVENIDAS ROSE KLEINER CENTER
MONTHLY MENU : April 2012



Monday		Wednesday	Thursday	Friday
2 Rotisserie Style Chick Rotini Noodles Capri Blend Vegetables Red & Green Slaw Mandarin Oranges Chocolate Pudding	3 Vegetarian Patty Burger Whole grain bread Scalloped Potatoes Broccoli & Cauliflower Apple Pie or SF applesauce	4 Roast Turkey w cranb & gravy Candied yams French cut green beans Pineapple Mandarin Ambrosia	5 Meatloaf w gravy Rye bread & margarine Whipped Potatoes Spinach Fresh Fruit Cookies	6 Baked Fish/Tartar Sauce Bean Soup (no meat) Herbed Brown Rice Asian Blend Vegetables Country Coleslaw Fruited Gelatin
9 Spaghetti w Meat Sauce Garlic Bread Spinach Romaine Iceberg Salad Chilled Pears	10 Honey Mustard Chicken Whole Grain Bread Broccoli Cuts Carrot Raisin Salad Fresh Fruit Oatmeal Cookie	11 Roast Beef Sandwich on Rye Bread Oven Baked Red Pot Mixed Veggies Banana	12 CA Seafood Salad Minestrone Soup Mixed Greens & Tomato Confetti Bean Salad Surprise Dessert	13 Roast Turkey w Gravy Whole Grain Bread Whipped Potatoes Mixed Veggies Fruit
16 Veal w Scallopini Sauce Rotini Noodles CA Blend Veggies Whole Kernel Corn Pears	17 Roast Turkey w Gravy Whole Grain Roll Oven Baked Potatoes Mixed Veggies Mandarin Oranges	18 Stuffed Green Peppers Whole Grain Roll Italian Blend Veggies Romaine Tossed Salad Chilled Peaches Cookie	19 Oven Baked Chicken Brown Rice Mixed Bean Medley Pineapple Slaw Banana	20 Baked Beef Rigatoni Garlic Bread Spinach Garden Veg. Salad Fruit Pudding
23 Tuna Salad Sandwich Whole Wheat Bread Red Cabbage w Apples Green Beans Pineapple Tidbits Ice Cream	24 Baked Fish, no breading Tartar Sauce Beef Barley Soup Oven Baked Potatoes Carrots & Corn Pears & Cookie	25 Beef Mushroom Patty w Gravy & Bread Whipped Potatoes Cabbage & Carrots Fresh fruit	26 Stuffed Cabbage Roll WW Bread w Margarine Capri Blen Veggies Romaine Iceberg Salad Fresh Fruit	27 Italian Herb Chicken Seasoned Brown Rice Brussel Sprouts Cuke/Tom/Onion Salad Fruit Ice Cream
30 Hot Roast Beef Sand w Gravy on WW Bread Whipped Potatoes CA Blend Veggies Fruit		All menu items are subject to change		Menus are created and served with your health and good nutrition in mind.