













January 2009

				1-Jan-09	2-Jan-09
	<p>"Money gone, that's nothing, health gone, that's something, character gone, that's everything" Gujarati (region in India Proverb)</p>		<p>Avenidas Closed Jan. 1st and OPEN on Friday, Jan. 2nd</p>		<p>2009</p> 
					<p>Avenidas is OPEN</p> <p>Social Change or Ceramics</p> <p>EXERCISE</p> <p>Lunch</p> <p>Anna @ Piano & Irv @ his Sax, or "Memoirs" class with Karen</p> <p>Games or Walks</p> 
DATE	5	6	7	8	9
9:00 AM	National Bird Day	Good Morning with Friends	Good Morning with Friends	Elvis Presley (1935-1977)	National Apricot Day
10:00 AM	Gardening Club, Baking Group, or Hope Group (SS)	Current Events or Sewing with Sharon	History, Facts & Quizzes or Sharon's Craft Class	Travel to China or Beadwork or Decorating	Social Change or Ceramics
11:00 AM	EXERCISE	EXERCISE or "Today & Tomorrow"	EXERCISE	EXERCISE	EXERCISE
noon	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	History of Popular Music or Art with Merry	"Singing along Memory Lane", Reading Group, or "Memories in the Making" watercolor	Creative Expression Groups	Music Appreciation with Tina or Watercolor	Music with Sonia or "Memoirs" with Karen
2:00 PM	Games with Gary 	Pet Therapy and Games	Spa Hour or Games	Games or Walks	Games or Walks
DATE	12	13	14	15	16
9:00 AM	Good Morning with Friends	Good Morning with Friends	Celebrate Hat Day	Good Morning with Friends	Good Morning with Friends
10:00 AM	Gardening Club, Baking Group, or Hope Group (SS)	Current Events or Sewing with Sharon	History, Facts & Quizzes or Sharon's Craft Class	Travel to China or Beadwork or Decorating	Social Change or Ceramics
11:00 AM	EXERCISE	EXERCISE	Tai Chi	EXERCISE	EXERCISE
noon	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	History of Popular Music or Art with Merry 	"Singing along Memory Lane", Reading Group, or "Memories in the Making" watercolor	Creative Expressions WEAR YOUR FAVORITE HAT	Music Appreciation with Tina or Watercolor	Anna @ Piano & Irv @ his Sax, or "Memoirs" class with Karen 
2:00 PM	Games with Gary 	"Humor Hour"	Spa Hour or Games	Games or Walks	Games or Walks
DATE	19	20	21	22	23
9:00 AM	<p>Martin Luther King, Jr Holiday</p> <p>Avenidas is Closed</p> 	Inauguration Day	N'tl Pizza Week	Good Morning with Friends	National Pie Day
10:00 AM		Current Events or Sewing with Sharon 	History, Facts & Quizzes or Sharon's Craft Class	Travel to China or Beadwork or Decorating	Social Change or Ceramics
11:00 AM		EXERCISE or "Today & Tomorrow"	EXERCISE	EXERCISE	EXERCISE
noon		Lunch	Lunch	Lunch	Lunch
1:00 PM		"Singing along Memory Lane", Reading Group, or "Memories in the Making" watercolor 	Simon and his Accordion	Music Appreciation with Tina or Watercolor	Frank Meza on the piano or "Memoirs" class with Karen
2:00 PM	Pet Therapy and Games	Spa Hour or Games	Games or Walks	Games or Walks	
DATE	26	27	28	29	30
9:00 AM	Chinese New Year begins	Good Morning with Friends	National Compliment Day	Good Morning with Friends	Good Morning with Friends
10:00 AM	Gardening Club, Baking Group, or Hope Group (SS)	Current Events or Sewing with Sharon	History, Facts & Quizzes or Sharon's Craft Class	Travel to China or Beadwork or Decorating	Social Change or Ceramics
11:00 AM	EXERCISE	EXERCISE	EXERCISE	EXERCISE	EXERCISE
noon	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	Anna on the Piano or Art with Merry 	History of Popular Music , Reading Group, or "Memories in the Making" watercolor 	Red Hat Society and Men's Group	Music Appreciation with Tina or Watercolor	Music with Sonia or "Memoirs" with Karen
2:00 PM	Games with Gary 	"Humor Hour"	Spa Hour or Games	Games or Walks	Games or Walks